

Preparing for an Interview

First impressions are extremely important because they set the tone for the interview. From the moment the interviewer sees you, you are being judged and rated. The interviewer looks at your clothes and grooming to see if they fit the company's image for your particular job. Below are a few hints:

- Never wear jeans, a "T-shirt", or tennis shoes to an interview
- Avoid wearing "flashy" clothes and stay away from flamboyant attire
- Dress conservatively or in a similar way that people generally dress for the kind of work you seek
- Multiple earrings and body piercing: If you are a woman and you wear earrings, one or two earrings in your ears are probably OK. More than that is discouraged. We suggest removing all other visible body piercing.
- Practice good personal hygiene
- Women should have simple hairstyles and wear a minimum of makeup and jewelry
- If used, perfume should be applied in moderation
- Men should have their hair, beard, and /or moustache neatly trimmed
- If used after-shave should be applied in moderation

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